

**Snæfríður Sól Gunnarsdóttir** - <https://www.snaefridursol.com/> - [snaefridursol@gmail.com](mailto:snaefridursol@gmail.com) - Telephone: +354 698 1567

## Education

**2021-2024** - DAMU, Prag - MA DOT (Master of Devised and Object Theater)

**2016-2019** - Iceland University of the Arts - BA in Theater and Performance Making

**2013-2014** - Reykjavík School of Visual Arts - one year foundation course in visual arts

**2009-2012** - National Ballet School of Iceland - Graduated from the Contemporary Dance Programme

## Awards and nominations

**2025 - Nominated** - *Innkaupapokinn* by Kriðpleir and Elísabet Jökulsdóttir got 5 nominations at Gríman Icelandic Theater Awards (including for best direction, performance of the year, play of the year)

**2025 - Nominated** - Grapevine Music Awards, Reykjavík - Best Visual Representation, *lily (hot dog)* - BSÍ

**2024 - Nominated** - Buenos Aires Music Video Festival - Best International Music Video - *Problems - Flesh Machine*

**2024 - Nominated** - MUVID Awards, Peru - Best International Music Video - *Problems - Flesh Machine*

**2024 - Won** - Stockfish Film Festival, Reykjavík - Best Music Video - *Problems - Flesh Machine*

**2022 - Nominated** - Stockfish Film Festival, Reykjavík - Best Music Video - *Rottur - Skoffín*

**2022 - Won** - Stockfish Film Festival, Reykjavík - Best Music Video - *Vesturbæjar Beach* - BSÍ

## Festivals and international experience

**2025 - TEATERFESTIVALEN I FJALER** - took part in TheatreCamp Fjaler25 in September as a representative from Iceland.

**2024 - A! Performance Festival** - performed a fragment from her performance *Getting There*.

**2023 - Chosen as Iceland's representative in GLEN (Great Little European Network)** performance network '23-'25.

**2022 - Homo Novus International Festival of Contemporary Theater**, Riga - *From one moon to another I jump*, a participatory installation. Shown as a part of *Homo Novus Shake Down*, in September. Also shown at **MA DOT Showcase**, Prag, in December.

**2019 - LÓKAL Performance Festival** - Author, director and performer - opening ritual at LÓKAL Performance Festival, in Tjarnarbió, Reykjavík in September.

**2019 - Plan-B Artfestival** - performed her performance *Sýnist lífs bara um því sem það snýist*, in Borgarnes in August.

**2018 - Intern and assistant choreographer** - *Motors*, a breakdance performance with the Dutch performance/dance group *Een Vijf Vijf*.

## Artistic Work

**2025 - Director** - *Taking my time*. Music video for the band Flesh Machine, premiered in November.

**2025 - Dramaturgy and stage movements** - *Innkaupapokinn (the Grocery Bag)*, theater performance by theater group Kriðpleir, premiered in the City Theater of Reykjavík in February.

**2025 - Assistant director** - *The Marriage of Figaro*, staged by the independent opera group Kammeróperan, directed by Bjarni Thor Kristinsson. Premiered in the City Theater of Reykjavík in February.

**2024 - Director** - *Colas Iceland*. Commercial, produced by Republik in collaboration with Pipar\TBWA, June.

**2024 - Director** - *Skjóta*. Original opera by Sigrún Gyða Sveinsdóttir, premiered in Ásmundarsalur, Reykjavík, June.

**2023 - Director** - *Problems*. Music video for the band Flesh Machine, premiered in October.

**2023 - Director of devised work and performer** - *Getting There*, site specific performance. Snæfríður's graduation performance from DAMU, premiered in UMPRUM Technology Center, Prag, in May.

**2021 - Director** - *Ingileif*. Music video for musician Snorri Helgason, premiered in October.

**2021 - Director** - *Vesturbæjar Beach*. Music video for the band BSÍ, premiered in April.

**2021 - Director** - *Rottur*. Music video for the band Skoffín, premiered in March.

**2020 - Visual design of set and costumes** - *Lohivaimo*. Solo performance by Anna Korolainen Crevier, produced by *HIT Helsinki*, premiered in Helsinki, November.

**2020 - Director** - *Sweater Sauce* - fashion performance for designer Ýrúrarí at DesignMarch, Reykjavík, June.

**2020 - Artistic director** - album cover for *SKOFFÍN HENTAR ÍSLENSKUM AÐSTÆÐUM* by band *Skoffín*, May.

**2019 - Director** - *Sætar stelpur*. Music video for the band *Skoffín*, premiered in April.

**2019-2020 - Founding member, artistic director and participant** - *Safe-Fest Performance Festival*, held in *Núllið Gallery*, Reykjavík. Held again in August 2020 in Gallery Midpunkt, Iceland.