

Snæfríður Sól Gunnarsdóttir - <https://www.snaefridursol.com/> - snaefridursol@gmail.com - Telephone: +354 698 1567

Education

2021-2024 - DAMU, Prag - MA DOT (Master of Devised and Object Theater)

2016-2019 - Iceland University of the Arts - BA in Theater and Performance Making

2013-2014 - Reykjavík School of Visual Arts - one year foundation course in visual arts

2009-2012 - National Ballet School of Iceland - Graduated from the Contemporary Dance Programme

Awards and nominations

2025 - Nominated - *Innkaupapokinn* by Kriðpleir and Elísabet Jökulsdóttir got 5 nominations at Gríman Icelandic Theater Awards (including for best direction, performance of the year, play of the year)

2025 - Nominated - Grapevine Music Awards, Reykjavík - Best Visual Representation, *lily (hot dog)* - BSÍ

2024 - Nominated - Buenos Aires Music Video Festival - Best International Music Video - *Problems* - *Flesh Machine*

2024 - Nominated - MUVID Awards, Peru - Best International Music Video - *Problems* - *Flesh Machine*

2024 - Won - Stockfish Film Festival, Reykjavík - Best Music Video - *Problems* - *Flesh Machine*

2022 - Nominated - Stockfish Film Festival, Reykjavík - Best Music Video - *Rottur* - Skoffín

2022 - Won - Stockfish Film Festival, Reykjavík - Best Music Video - *Vesturbæjar Beach* - BSÍ

Festivals and international experience

2025 - TEATERFESTIVALEN I FJALER - took part in TheatreCamp Fjaler25 in September as a representative from Iceland.

2024 - A! Performance Festival - performed a fragment from her performance *Getting There*.

2023 - Chosen as Iceland's representative in **GLEN (Great Little European Network)** performance network '23-'25.

2022 - Homo Novus International Festival of Contemporary Theater, Riga - *From one moon to another I jump*, a participatory installation. Shown as a part of *Homo Novus Shake Down*, in September. Also shown at **MA DOT Showcase**, Prag, in December.

2019 - LÓKAL Performance Festival - Author, director and performer - opening ritual at LÓKAL Performance Festival, in Tjarnarbíó, Reykjavík in September.

2019 - Plan-B Artfestival - performed her performance *Sýnist lífs bara um því sem það snýist*, in Borgarnes in August.

2018 - Intern and assistant choreographer - *Motors*, a breakdance performance with the Dutch performance/dance group *Een Vijf Vijf*.

Artistic Work

2025 - Director - *Taking my time*. Music video for the band *Flesh Machine*, premiered in November.

2025 - Dramaturgy and stage movements - *Innkaupapokinn (the Grocery Bag)*, theater performance by theater group Kriðpleir, premiered in the City Theater of Reykjavík in February.

2025 - Assistant director - *The Marriage of Figaro*, staged by the independent opera group Kammeróperan, directed by Bjarni Thor Kristinsson. Premiered in the City Theater of Reykjavík in February.

2024 - Director - *Colas Iceland*. Commercial, produced by Republik in collaboration with Pipar\TBWA, June.

2024 - Director - *Skjóta*. Original opera by Sigrún Gyða Sveinsdóttir, premiered in Ásmundarsalur, Reykjavík, June.

2023 - Director - *Problems*. Music video for the band *Flesh Machine*, premiered in October.

2023 - Director of devised work and performer - *Getting There*, site specific performance. Snæfríður's graduation performance from DAMU, premiered in UMPRUM Technology Center, Prag, in May.

2021 - Director - *Ingileif*. Music video for musician Snorri Helgason, premiered in October.

2021 - Director - *Vesturbæjar Beach*. Music video for the band BSÍ, premiered in April.

2021 - Director - *Rottur*. Music video for the band Skoffín, premiered in March.

2020 - Visual design of set and costumes - *Lohivaimo*. Solo performance by Anna Korolainen Crevier, produced by *HIT Helsinki*, premiered in Helsinki, November.

2020 - Director - *Sweater Sauce* - fashion performance for designer Ýrurari at DesignMarch, Reykjavík, June.

2020 - Artistic director - album cover for *SKOFFÍN HENTAR ÍSLENSKUM AÐSTÆÐUM* by band *Skoffín*, May.

2019 - Director - *Sætar stelpur*. Music video for the band *Skoffín*, premiered in April.

2019-2020 - Founding member, artistic director and participant - *Safe-Fest Performance Festival*, held in Núllið Gallery, Reykjavík. Held again in August 2020 in Gallery Midpunkt, Iceland.